



IDEA Public Schools - Florida Wellness Policy

Preamble

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I. Wellness Policy Implementation

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Nutrient	Snack
Calories	
Sodium	
Total Fat	
Saturated Fat	
Trans Fat	
Sugar	

Beverages

- _____
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 -
 -
- _____

Smart Snacks Calculator

- _____

Portion Sizes

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Fundraising Activities

IV. Rewards, Celebrations, and Events

Food as reward.

Food as punishment.

Celebrations during the school day

Food Marketing in Schools

VI. Physical Education and Health Education

Physical Education (P.E.) K-12

Safe Routes to School

Additional Physical Activity Opportunities

Communication with Parents

